

How To Reduce (and Eliminate?) The Underlying Problems of...

FIBROMYALGIA

*New Non-Drug Techniques and Procedures That **Directly Improve** Your Muscles, Pain, and Stress related to Fibromyalgia!*

fi-bro-my-al-gi-a is a disorder related to aching muscles, sleep disorders, and fatigue, associated with abnormal levels of the brain chemicals that transmit nerve signals (neuro-transmitters).

Fibromyalgia is known by muscular pain and fatigue. Fibromyalgia means “pain in the muscles and the fibrous tissues” (the ligaments and tendons).

There are no laboratory tests that confirm fibromyalgia; instead, the diagnosis depends mostly on a person’s report or complaints and feelings. Pain is the most common symptom of fibromyalgia. It occurs throughout the body although it may start in one region, such as the neck and shoulders, and spread to other areas over time.

Most people with fibromyalgia experience moderate or severe fatigue with a lack of energy, have no endurance, or the kind of exhaustion that results from lack of sleep. Sometimes the fatigue is more of a problem than the pain. Headaches, tension and migraine are common. Abdominal pain, bloating, constipation, bladder spasms, and irritability may cause urinary urgency or frequency. Skin and blood circulation can be sensitive to temperature changes, resulting in temporary changes in skin color.

There are more symptoms of fibromyalgia: sensitivity to light, increased warmth or sweating, inability to sleep, increased pulse or heart rate, and urinary tract infections.

Most people with fibromyalgia have had a great deal of stress at some point in their lives: abuse, trauma, financial stress, or divorce. A constant stress can cause even more of a psychological emotional trauma than one single traumatic event. When this happens the brain decreases its firing

and a “brain fog” takes over. A person becomes non-communicative.

So here’s what most people deal with in fibromyalgia:

- Pain all over
- Exhaustion
- Headaches
- Not sleeping
- Stress
- Brain fog
- Less communicative

You’ve got the problems, now what?

Before it is even diagnosed, a person, usually a women between 25-55, is told that she doesn’t have any problems — “its in your head, ignore it, and live with it.”

But how do you do that when you have real pain?

Do you have more tests done? Another CT, MRI, or EMG? More blood tests? Do you keep taking a low-grade antibiotic or Extra-Strength Tylenol? Do you continue with Bldepryl for tremors, or Diazepam for tension and fatigue, or Prozac, Zolof, or Paxil for depression, or Celebrex for joint pain, or Zocor for insomnia?

More drugs? What happens when the drugs don’t cover up any more symptoms? Do you wait until the problems worsen?

What if there was something entirely new—a breakthrough that you’ve never heard about—that would help your brain and body work better?

What would your life be like if your head didn’t hurt and your memory improved and you could carry a conversation? What would happen if your muscles and joints didn’t hurt all the time and you weren’t so exhausted all day? What would a good night’s sleep be like?

If you went through a wellness program that allowed your brain and body to heal naturally this might be possible. Your life might be very different.

What You Must Do To Get the Help You Need!

I’ve put together a program of care designed specifically to: relieve your muscle pain, improve your body’s nutrition, and reduce the affects of traumatic stress in your life. We’ve helped hundreds of people, but now its even better because we’ve completely re-built our **Fibromyalgia Wellness Program**.

WARNING!

This wellness approach is very different than anything you’ve ever seen or heard! True, it is natural and there are no side effects. It is gentle and you may notice immediate changes. But this is different!

It has to be because nothing else has helped and most professionals keep doing the same thing over again expecting different results.

“I’ve sought care for fibromyalgia, depression, stress, and anxiety from doctors, chiropractors, massage therapists, physical therapists and specialists without much change. Some of the procedures used by Dr. Lind seem a little odd but they work. And whatever works and makes me better is a good thing. After about one month of treatment, the migraines were less severe and less frequent. I was able to stop taking my myriad of medications without being in more pain. I’m less depressed overall and starting to get more energy. Friends are noticing that I’m doing better.”

~ Elizabeth Leja

Elizabeth is right, we do very different things in the clinic AND she’s getting better! Take a look:

The Five-Sense Reset: Your five senses are what you use to experience life. If they are not sending the correct signals to your nervous system, your body and mind are stressing to keep you going. I've developed an entirely NEW procedure that has brought back smell to a pregnant woman, increased hearing by 40% to a 96 year old, and allowed a 60 year old man to read for the first time in his life! We use sight, sound, smell, or taste to accomplish this. Once your senses have been reset you're ready to feel, see, hear, smell and taste life again!

Oxygen Therapy: Your brain requires oxygen to survive. If you have fibromyalgia and any chronic pain syndromes chances are high that you have a low oxygen perfusion—low oxygen in your cells. When you suffer from a low tissue saturation of oxygen your brain will not work well and will not fire nerve impulses correctly. That is why you are in pain all the time and feel it in different places. You will breath supplemental oxygen to increase the fuel to your brain. This alone will make incredible difference in how you feel and get well.

Balancing Nerves: We're going to check how your brain and nerves work by a number of complex tests. Chances are parts of your brain are triggering faster than other parts. All parts of your brain should work together. When we find nerve functions that are incomplete we will literally reprogram them to work again.

Recurring Negative Emotional Experience Obliteration: Most people with fibromyalgia have had great deals of stress at some point in their lives: abuse, trauma, financial stress, divorce. Or they have a constant, "picking" stress going on right now (this can cause even more emotional trauma than one single traumatic event). If you have one or the other or both, **YOUR REACTIONS TO STRESS AFFECT YOU MORE THAN THE STRESS ITSELF!** Your mind is not free — it is trapped in old and destructive patterns. If you ever get a 'charge' or a gut feeling when you think about "that thing" then you

are still processing a negative emotional experience. It is a leach sucking the life out of you. What would your life be like if that charge was ERASED?!! It can be erased. Your mind has an imprint (from one or more of your 5 senses) that can be cleared. What would that do for your life, your work, your family, and the way you handle stress? We have developed a safe procedure that will help reduce the effects of emotional stress.

Specific, Targeted Nutrition to Feed Your Brain and Body

Your glands, organs, brain, and nervous system repair and heal by the foods you eat and the oxygen you breath. We have a way to test your body to determine which systems are in need of nutritional support. Then, we give you specific nutrition that targets the faulty parts of your body and allow it to repair and heal from the inside out.

Detoxification and Ion Cleansing

Many toxins are floating in the air you breath, the food you eat, and the water you drink — and you got'em. Toxins can create such interference in your nervous system that even if your nerves are functioning correctly, your body isn't getting the message, so it cannot work well. We're going to use nutrition, homeopathy, ion cleansing, and other detoxification methods to reduce your particular toxins.

Auricular Therapy

There are points on the outside of your ear that directly relate to parts of your brain and body. By using a very mild current on these points we can improve health conditions in other parts of your body and mind. This is an advanced procedure and when combined with other protocols we use the effectiveness increases significantly.

FIBROMYALGIA EVALUATION

If you are a candidate for fibromyalgia care in our clinic you will go through specific nutritional, physical, and neurological tests so we can find the faulty systems. You may have a mild case of fibromyalgia or one well advanced. In either case we'll have to

decide which program of care will work best for you.

TWO PROGRAMS OF CARE

A. Basic: This is a 4 month program designed for a person with **beginning stages of fibromyalgia**; that is, some of the signs and symptoms are already present but not yet debilitating. This course of care will help turn around your symptoms and put you back on the road to health without the side effects of medication.

B. Advanced: This is a 6 month program designed for a person with **advanced fibromyalgia**. That is, you have had many or most of the fibromyalgia signs and symptoms for a number of years, been on a number of drugs, and are at the end of your emotional rope. Exhaustion is ever-present and activity level is at an all-time low. This course of care will be necessary to slowly reverse the destruction of nerves, muscles, fascia, and rebuild nerve connections.

PROMISE

My promise is that you will receive a wellness, whole-person approach to health like nothing you have ever experienced that will start you on the road to health again.

THE NEXT STEP

If you have fibromyalgia or think you do, we will do a BRIEF screening to find out just enough to see if we can work with you. If we can help we will give you 4 FREE APPOINTMENTS to see if we can help you. At the end of 4 visits and you haven't noticed any changes then you go without paying anything. However, if you notice improvement, you decide which program you want to continue. This is NO RISK to you whatsoever! This is what I'd do if I had problems and no one could help—a new approach that I could try. What do you have to lose? Call our clinic now and ask about the **Fibromyalgia Wellness Program**.

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